



## Strengthening Families Strengthening Communities

### Strengthening Families Strengthening Communities Parenting Program for Haringey, Hackney and Waltham Forest Families

Home-Start Haringey, Hackney and Waltham Forest (HSHH and WF) has secured funding from Henry Smith Charity to provide Strengthening Families Strengthening Communities (SFSC) Program to Haringey, Hackney and Waltham Forest families. This Program is administered in the UK by Race Equality Foundation (REF). The Program is proven to provide parents with new skills and strategies in parenting, discipline and promoting respect in self and the wider community.

SFSC supports parents in developing positive play and learning techniques. Through a process of applying Child Psychology in practical methods such as Role Modelling, Special Time, Solution Building and Praise.

The Program helps families by promoting physical, intellectual and social development of children aged 3-18 years. The overall aim is to break the cycle of disadvantage for families. It uses concepts such as 'Enhancing Relationships and 'Rites of Passage' to support parents to create a flourishing home environment for their children. This is a uniquely culturally sensitive Program. It enables parents to recognise their individual strengths by focusing on existing skills and choosing those that worked well for them when they were children.

The Program is for 12 weeks on Tuesdays. It is open to Haringey, Hackney & Waltham Forest parents/volunteers. Participants who attend more than 8 of the 13 sessions to receive a 'Certificate of Attendance' from REF.

<p><b><u>Dates:</u></b> Information Session (you must attend this Session to be accepted on to the program) Program begins 7<sup>th</sup> June 2023, 10:00 – 14:00</p>	<p><b><u>Venue:</u></b> Home-Start, 100 Tower Gardens Road, Tottenham, London N17 7QA</p>
<p><b>For more information, call HSHH and WF on 020 8352 4151</b></p>	